

# APPLYING MINDFULNESS & BUDDHISM

## in PROVIDING CARE SERIES



### Acceptance and Commitment Therapy Experiential Workshop January 30, 2016 (Saturday-full day)

Conducted by **Dr. Kenneth Fung**, MD, FRCPC, MSc

Clinical Director, Asian Initiative in Mental Health, Toronto Western Hospital, UHN  
Associate Professor, Department of Psychiatry, University of Toronto  
Psychiatric Consultant, Hong Fook Mental Health Association (Toronto)



### Acceptance and Commitment to Living and Dying Workshop January 31, 2016 (Sunday-full day)

Conducted by **Dr. Jane Smith-Eivemark**, DMin

Manager of Spiritual Care, Trillium Health Partners, Mississauga  
Assistant Clinical Professor, Dept. of Family Medicine, McMaster University  
Jungian Therapist and CPE Supervisor, Trinity College, U of Toronto



### Empowering Those who Care for Others: Sustainable Compassion Training October 16, 2016 (Sunday-full day)

Conducted by **Dr. John Makransky**, PhD

Associate Professor of Buddhism and Comparative Theology, Boston College  
Senior Advisor & lecturer, Kathmandu University's Centre for Buddhist Studies, Nepal  
Co-founder of Courage of Care and the Foundation for Active Compassion

#### REGISTRATION FEES:

\$175/workshop; Early bird (by Jan. 8/16) or multiple registrations: \$150/workshop

Workshops take place at Emmanuel College, Room 119, 75 Queen's Park Crescent

For further information or on-line registration, visit: <https://bit.ly/ECABSI>

For inquiry: [henry.shiu@utoronto.ca](mailto:henry.shiu@utoronto.ca) 416-910-4858

#### Accreditation:

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto up to a maximum of 20.5 hours.

College of Family Physicians of Canada – Mainpro M1:

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Faculty of Medicine, University of Toronto, for up to 20.5 Mainpro-M1 credits.



**EMMANUEL COLLEGE**  
OF VICTORIA UNIVERSITY IN  
THE UNIVERSITY OF TORONTO

APPLIED  
**Buddhist Studies  
Initiative**